



Understanding & Enduring Temptation

God Allows Temptation

- He Permits Temptation We Can Bear
- And He Makes A Way To Endure It
 - **1Corinthians 10:13** *"No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it. "*
- God Can Deliver Us From Temptation
 - **2Peter 2:9** *"then the Lord knows how to rescue the godly from temptation, and to keep the unrighteous under punishment for the day of judgment, "*

God Does Not Tempt Us

- God blesses those who endure temptation
- God is not tempted
- God does not tempt
- We are tempted by our own desires
- Temptation leads to sin & death
 - **James 1:12-15** *"Blessed is a man who perseveres under trial; for once he has been approved, he will receive the crown of life which the Lord has promised to those who love Him. Let no one say when he is tempted, "I am being tempted by God"; for God cannot be tempted by evil, and He Himself does not tempt anyone. But each one is tempted when he is carried away and enticed by his own lust. Then when lust has conceived, it gives birth to sin; and when sin is accomplished, it brings forth death. "*

Jesus Understands Temptation

○ Jesus Sympathizes and Helps

- *Hebrews 4:15-16 "For we do not have a high priest who cannot sympathize with our weaknesses, but One who has been tempted in all things as we are, yet without sin. Therefore let us draw near with confidence to the throne of grace, so that we may receive mercy and find grace to help in time of need."*

○ Jesus Left An Example For Us - Matt 4:1-11

- He was tempted
Matthew 4:1-3, 5-6, 8-9
- He resisted
Matthew 4:4,7,10
- He overcame
Matthew 4:11

We Should

- Watch – Resist - Pray
 - 1Peter 5:8-9
 - James 4:7-8
 - Matthew 26:41
- Seek The Lord's Wisdom
 - Proverbs 4:5-6; 2:6-9
- Not Tempt Others
 - Romans 14:12-13
- Restore Those Who Fall
 - Galatians 6:1